

Green Spirit 2022

July 29 - 31, 2022

IN PERSON

at Circle
Sanctuary Nature
Preserve
near Barneveld,
WI

Rejuvenation,
Restoration &
Rest

Join us for Green Spirit 2022! Come celebrate Lughnasadh, the approaching end of Summer, and enjoy the first fruits of your Harvest as you walk your ritual year. We planted the seeds at

Imbolc, setting boundaries to best nurture our intentions. At Bealtaine we harnessed active energy to turn those boundaries into action. Summer Solstice saw us celebrating the height of the Sun, enjoying community as we experienced the full flowering of our goals. Now, as Summer wanes, we seek rejuvenation and rest before the Harvest season starts in earnest.

Research shows that true rest rejuvenates you in 7 key areas of life. Use this time to connect with one or all types of rest to seek rejuvenation and restoration:



Physical Rest - Includes passive rest such as sleep and napping, as well as active rest such as yoga and stretching.

Mental Rest - Focus on calming your mind, such as through meditation, journaling, or frequent breaks.

Sensory Rest - Intentional removal of sensory input such as electronics to avoid over-stimulation.

Creative Rest - Reawaken the wonder inside through time spent in nature or in creative pursuits.

Emotional Rest - Make space to feel your feelings and express yourself authentically.

Social Rest - Lean into rejuvenating relationships, surrounding yourself with supportive people.

Spiritual Rest - Engage in something greater than yourself through prayer or community involvement in your regular routine.

About Green Spirit:

Celebrating the Seasons: Lughnasadh

SCHEDULE of EVENTS

Friday, July 29th

3 PM	Gate opens for arrivals.
6 PM	Dinner served behind the farmhouse
8 PM	Opening Ritual with Rev. Laura González
9 PM	Community Fire at the Bonfire Circle Spiral Labyrinth

Saturday, July 30th

5:30 AM	Sunrise Meditation / Devotions with Angel Hummingbird
8 AM	Breakfast behind the Farmhouse
9 AM	Gate Opens for New Arrivals Raffle / Silent Auction Tent Opens Merchanting on the Green Opens
9:30 AM	Newcomers Meet & Greet with Jim Blechschmidt <i>New to Circle Land? Come meet some of the "old-timers" and learn your way around!</i>
10 AM	Meditation Walk with Dr. Dennis Carpenter <i>Join Dennis in front of the main entrance to the barn for a leisurely meditative walk to the Prairie. Focus will be upon deepening our sense of presence and connection with the beauty and wonder of Nature at Circle Sanctuary. We will briefly explore walking and</i>

nature appreciation from a mindfulness perspective before embarking on our journey together. Be prepared for standing and walking in any weather conditions.

Meditative Art Journal with Rev. Grace

Join us in the Temple Room for a creative art journal meditation where we allow the river to wash away your overwhelm and leave with clearer focus. Please bring a journal, and any art supplies such as markers, pencils, or paint that you prefer. Plain white paper and some markers will also be available!

Family Programming: Childrens' Yoga with Mandie and McKenzie

*Join us on the Green to partake in active rest - children's yoga! We will connect with the Spirit of the Green, the Spirit within us, and the Spirit of Tribe as we engage in some morning stretches, partner yoga, and yoga games. **Please be prepared with a yoga mat; although this activity is planned to be on grass if it rains, we will move it indoors where a mat would be helpful*

Noon **Lunch** behind the Farmhouse

1:30 PM **Into the Green: Renewal with Nature** with Rev. Selena Fox
Attune and Commune with Nature for Relaxation and Renewal. Explore ways to incorporate Nature imagery, Nature walks, and Nature rituals into vacations and daily life for healing and wellness. This workshop is free for all in-person attendees, and will also be livestreamed via Zoom. [Registration for the livestream is here.](#)

Family Programming: Walking Stick / Wand Scavenger Hunt with Mandie & McKenzie

Meet at the Summer Kitchen to hike the land, visit the shrines, and then bring your walking stick and/or wand back to decorate!

3 PM **Fun and Frolic on the Green** with Rev. Grace and Rev. Jake
Meet at the Maypole for all ages activities & games. We'll start with "Sardines"; get silly as we play a reverse hide & go seek, finding whomever is 'it' and stacking up in their hiding place like a school of fish!

4 PM **Raffle & Silent Auction Ends**
Join in for what is always an entertaining conclusion to the auction and raffle!

6 PM **Dinner** behind the Farmhouse

8 PM **Main Ritual: The Journey to Reclaiming Rest** with Truly and Rev. Grace.
Join us in a solemn yet whimsical night journey to reconsider our worries and reclaim our capacity to rest. We will meet at community fire to process into the ritual space. Procession will cross the creek, move down the lower path, cross at Brigid's Spring, and

	<i>meet at the ritual bonfire - if there are movement limitations, participants are welcome to go directly to the ritual bonfire.</i>
9:30 PM	Club S4: "Embody your Body" with DJ Rev. Jake & Rev. Grace <i>Come stamp, shout, shake, and shimmy as we ground into our bodies and shake loose the accumulated stress and 'stuff' to make room for our awesomeness!</i>
Sunday, July 31st	
5:30 AM	Sunrise Meditation / Devotions with Angel Hummingbird
8 AM	Breakfast in the summer kitchen
10 AM	Abundance, Prosperity, and Good Fortune with Rev. Laura González <i>As we turn the wheel of the year into harvesting season, let's prepare for a mindset of abundance, prosperity, and good Fortune that will last not only on harvest time but all year-'round! Nature is abundant and so are we, join Rev. Laura Gonzalez as she shares techniques to help you find Fortuna's blessings in your life. Rev. Laura has been teaching this workshop online for the past 12 years to students in Europe, Central, South America, and Mexico, don't miss the opportunity to learn this valuable skill!</i> Family Programming: Club S4 Jr.: "I Like to Move It, Move It" with DJ Rev. Jake and McKenzie <i>Come stamp, shout, shake, and shimmy at the Summer Kitchen as we ground into our bodies and shake loose the accumulated stress and 'stuff' to make room for our awesomeness!</i> Family Programming: Create a Magical Herb Globe with Gail Sassman and Mandie <i>This workshop, aimed at tweens and teens, is open to up to 18 participants, with tweens/teens receiving priority over adults (though adults are welcome too!). Please join us at the picnic tables in a relaxing craft, weaving the green and magic to take a bit of the magic of this weekend home with us.</i>
11:30 AM	Brunch / leftovers served behind the Farmhouse
1 PM	Closing Ritual with Rev. Laura González
3 PM	Final Departures

Items To Bring:

- An item or two to donate for the Raffle and/or Silent Auction

- Ritual garb and/or brightly colored clothes, as well as a crown of flowers or greens for your head or bells for your feet, to wear during the main ritual.
- Offering of small crystals, fresh flowers, other items for Fairy Shrine.
- Journal and writing implements
- Offering of small stones, crystals, rocks, flowers for the Stone Circle
- Your own refillable water bottle and coffee cup to use for drinks at meals and other times.
- Camping Gear: tent, sleeping bag, pillow, air mattress, flashlight, water jug, towel, biodegradable soap and shampoo, personal toiletries, sun gear, raingear, cold weather gear, insect and tick repellent.
- A lawn chair, mat, or blanket for outdoor seating. Many activities will be outside.
- Drum, rattle, or other rhythm instrument.

VENDORS

Outdoor vending space is available -- please review [the FAQ](#) and the [Guidelines](#), and contact the Circle office with any questions.

REGISTRATION

All adults and all youth 5 and up must show proof of COVID-19 vaccination. If we do not have your vaccination info on file, please email a photo of each person's vaccination card to circle@circlesanctuary.org.

No registrations will be accepted at the gate. All attendees must observe [Circle's COVID Guidelines](#).

Adults (each):	Through 7/17	7/18 - 7/28
3 Days	\$110	\$125
Fri - Sat	\$80	\$95
Sat - Sun	\$80	\$95
Sat. Only	\$60	\$75
Children 5+ (each)	Through 7/17	7/18 - 7/28
3 Days	\$40	\$55
Fri - Sat	\$40	\$45
Sat - Sun	\$40	\$45
Sat. Only	\$35	\$30

Children under 5 are free.

Register NOW!

Questions?

If you have questions, please [contact the Circle Office](#).

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